

Anti-Bullying Policy May 2022 Ratified on: 18<sup>th</sup> May 2022 Ratified by: L. Salton Review date: February 2025

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## Anti-Bullying Policy

#### **Statement of Intent**

We are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. We are a *TELLING* school. This means that anyone (children, staff, parents) who knows that bullying is happening is expected to tell the staff.

#### What is Bullying?

St James C.E Primary School has adopted the Government's definition of bullying:

Behaviour by an individual or group, repeated over time that intentionally hurts another individual or group either physically or emotionally.

Bullying is different to other kinds of aggressive behaviour in its repetitive and targeting nature.

Bullying can occur child to child, adult to adult, group of children / adults to another group or child to adult.

Bullying can be related to:

- Age / Maturity
- Appearance
- Hygiene
- Class / Socio-economic
- Family circumstances (e.g. caring role)
- Ethnicity / Race
- Religion / Belief
- Gender
- Transphobia / Gender identity
- Homophobia / Sexuality
- Sexualised
- SEND
- Perceived attainment

Bullying can be carried out in a range of ways:

- Emotional being unfriendly, excluding, tormenting (eg hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching, or any use of violence including damage to personal belongings
- Verbal name-calling, sarcasm, spreading rumours, teasing, threats, insults
- Cyber All areas of internet such as email, instant messaging and internet chat room misuse, mobile threats by text messaging and calls, misuse of associated technology ie camera and video facilities.

Peer on peer abuse occurs when a young person is exploited, bullied and / or harmed by their peers who are the same or similar age. Peer on peer abuse can relate to various forms of abuse (not just sexual abuse and exploitation).

All children within our school have access to the school anti-bullying poster. This is displayed around school, shared during lessons and sent home to parents / careers. The poster explains types of bullying, how bullies can act, signs and symptoms of bullying and how to report bullying.

### Why is it important to respond to bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Individuals who are bullying need to learn different ways of behaving.

Schools have a responsibility to respond promptly and effectively to issues of bullying.

### **Objectives of this policy**

- All governors, teaching and non-teaching staff, pupils and parents should have an understanding of what bullying is.
- All governors, teaching and non-teaching staff should know what the school policy is on bullying and follow it when bullying is reported.
- As a school we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported.
- BULLYING WILL NOT BE TOLERATED

#### Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- Is frightened of walking to or from school
- Changes their usual routine
- Is unwilling to go to school (school phobic)
- Begins to truant
- Becomes withdrawn, anxious or lacking in confidence
- Starts stammering
- Attempts or threatens suicide or runs away
- Cries themselves to sleep at night or has nightmares
- Feels ill in the morning
- Begins to do poorly in school work
- Comes home with clothes torn or books damaged
- Has possessions which are damaged or "go missing"
- Asks for money or starts stealing money (to pay bully)
- Has dinner or other monies continually "lost"
- Has unexplained cuts or bruises
- Comes home starving (money / lunch has been stolen)
- Becomes aggressive, disruptive or unreasonable

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- Is bullying other children or siblings
- Stops eating
- Is frightened to say what's wrong
- Gives improbable excuses for any of the above
- Is afraid to use the internet or mobile phone
- Is nervous or jumpy when a cyber-message is received

These signs and behaviours could indicate other problems but bullying should be considered a possibility and should be investigated.

#### Procedures, Reporting and Recording

#### 1. Step 1: Allegation of bullying form

Pupils and/or witnesses report bullying (or possible or perceived bullying) incidents to any member of staff, who in turn report incident to Headteacher or the Deputy Headteacher (in their absence, a senior member of SLT). Allegation of bullying form is completed along with a witness statement form. If it is decided that the incident does not constitute bullying on this occasion the form is filed under both pupils' names in the behaviour log. (**Appendix 1 & 2**) If bullying is possible proceed to Step 2.

#### 2. Step 2: Bullying Analysis an Action

The bullying behaviour or threats of bulling must be investigated by staff or named persons using the Bullying Analysis and Action form, and the bullying stopped quickly. This includes action to be taken by both the pupil experiencing bullying behaviour and the pupil exhibiting bullying behaviours. **(Appendix 4)** 

#### 3. Step 3: Pupil Voice

A form is to be completed by the pupil experiencing the bullying behaviour. **(Appendix 5)** 

- 4. In serious cases (e.g. especially aggressive, persistent or distressing for victim) parents of both pupils should be informed by phone or fact to face and will be asked to come in to a meeting to discuss the problem (separately). If necessary and appropriate, police will be consulted.
- 5. The Headteacher / SLT member will use the correct behaviour log to record bullying incidents (blue sky / red sky reflection form). All forms will be attached together and copied so that a copy can be filed in the behaviour log for every child involved in the incident.

#### Outcomes

- 1. The bully (bullies) may be asked to genuinely apologise
- 2. Other consequences may take place e.g. sanctions for breaking school rules withdrawal of privileges and / or playtimes: behaviour log, red and blue sky reflection time
- 3. In serious cases, internal exclusion or even exclusion will be considered
- 4. If possible, the pupils will be reconciled
- 5. The victim will be offered support by a staff mentor
- 6. An attempt will be made to help the bully (bullies) change their behaviour e.g. through mentor and through focusing prevention strategies (see prevention section below)
- 7. After the incident / incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place. Staff (e.g. teaching, LSP, dinner supervisors) will be made aware, by the Headteacher, of situations that require monitoring
- 8. If bullying persists, further sanctions will incur, and support and prevention strategies will be put in place.
- 9. Governors will be informed.

#### Prevention, Support and Guidance

As and when appropriate, these may include:

- PSHE programme includes activities specifically designed to prevent and reduce bullying
- Circle time
- Use of Play ambassadors and lunchtime supervisors e.g. to play games, peer mediation, improve facilities and activities
- Health, bullying and safety weeks
- SMSC Anti-Bullying team to raise awareness of issues
- Anti-bullying training for staff / children / buddies
- Visitors, assemblies (whole school and phase)
- Online safety training
- Writing stories or poems or drawing pictures about bullying
- Reading stories about bullying or having them read to a class or assembly
- Role plays
- Having discussions about bullying and why it matters
- Annual surveys of pupils, parents, staff also gauge individual well being
- Writing a set of school rules
- Signing a behaviour contract
- Behaviour plan written by teachers and SENCO in consultation with child and parents
- Behavioural Support professional meetings with children and parents providing advice and support
- Assemblies

## **Monitoring Policy and Procedures**

The number and type of bullying referrals, and questionnaires will be analysed to monitor whether the policy is working. The Anti-Bullying Policy will be reviewed as necessary and updated if required.

#### Links

St James C.E has adopted Dudley's Authority's harassment and Bullying for employees, model race equality policy guidance. See also the school's Online Safety Policy and Acceptable Use Policy.

The Anti-Bullying Policy should also be read in conjunction with the school Race Equality Policy and Behaviour Policy.

# **Appendices**

## Appendix 1

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#### Appendix 2

#### Step 1: Allegation of Bullying Form

Factors to help determine if incident constitutes bullying:

#### Dessible bullying - all 3 warnings confirmed (STEP 2 FORM MUST BE COMPLETED)

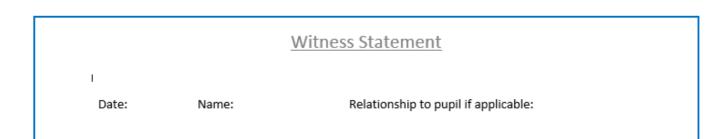
- Hurt has been deliberately/knowingly caused (physically or emotionally)
- It is a repeated incident or experience
- Involves an imbalance of power:
  - target feels s/he cannot defend her/himself, or
  - perpetrator/s exploiting their power (size, age, popularity, status)

#### Not bullying on this occasion because it was: (MONITOR)

- the first reported hurtful incident between these children
- teasing/silliness between friends without intention to cause hurt
- a falling out between friends after a quarrel, disagreement or misunderstanding
- conflict that got out of hand (should not happen again)
- activities that all parties have consented to went too far
- Other (detail below)

Date:	Pupil:
Completed by:	Class:
Position within St James's:	<ul> <li>Possible bullying (STEP 2 FORM MUST BE COMPLETED.)</li> <li>Not bullying</li> </ul>

## Appendix 3



## Appendix 4

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## Appendix 5

