



15th March 2021

Dear Family

HEALTH RELATED BEHAVIOUR SURVEYS

Our school, along with several others in the local area, have agreed to participate in a Health Behaviour Survey amongst our young people of Dudley. We have been asked to support the work of the Public Health and Wellbeing Directorate at Dudley Metropolitan Council and stand to benefit substantially through our participation in the survey. This survey is a manly focused on Covid and the impact it may have had on our children and young people.

The survey data has in the past been used in a variety of ways including:

1. as a starting point for discussion in classroom activities
2. as a guide in the choice of resources
3. as a prompt for appropriate timing of courses
4. as a beginning for further enquiry to strengthen existing programmes, e.g. in PE
5. as a starting point for discussions between parents and schools

This year it will also be used as a starting point for Covid recovery in schools.

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for more than 30 years. Over 3000 schools have used the main survey, many of them regularly repeating this. Both the Local Authority and the school find the content of the questionnaire acceptable; it has been customised to suit our local setting.

The questions concern a wide range of health behaviours, for example:

Emotional health and wellbeing

Healthy eating

Home Schooling and Homework

Covid 19 worries

Physical activity

Safety

Email: info@st-james.dudley.sch.uk

Website: www.st-james.dudley.sch.uk



The survey response will provide the Local Authority's Public Health team with a reliable database upon which it can objectively plan health care provision for young people.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to our school. The Local Authority will receive only the summary of all schools in which individual schools are not identified. Data Protection concerns are covered in the Privacy Notice for pupils which can be found on the reverse of this sheet.

We hope you will agree with us that this is a worthwhile survey and we will assume you approve in your child taking part unless we hear otherwise. We hold a copy of the questionnaire in the school office, if you would like to examine it, you are welcome to do so by appointment only.

The survey will probably be carried out during the school day at some point over the next two weeks.

Yours sincerely

L Mason

Head teacher

Email: info@st-james.dudley.sch.uk Fax: 01384 818811 Website: www.st-james.dudley.sch.uk



In partnership with
NATIONAL CHILDREN'S BUREAU
Wellbeing Award
for Schools

2019-2022



Life Education
West Midlands

